

Sialkot **North Eastern Punjab Pakistan**

Housing

Rs. 8,475

US\$ 81

Synopsis of Living Wage Study Conducted By: Asad Sayeed and Kabeer Dawani - Collective for Social Science Research, Karachi

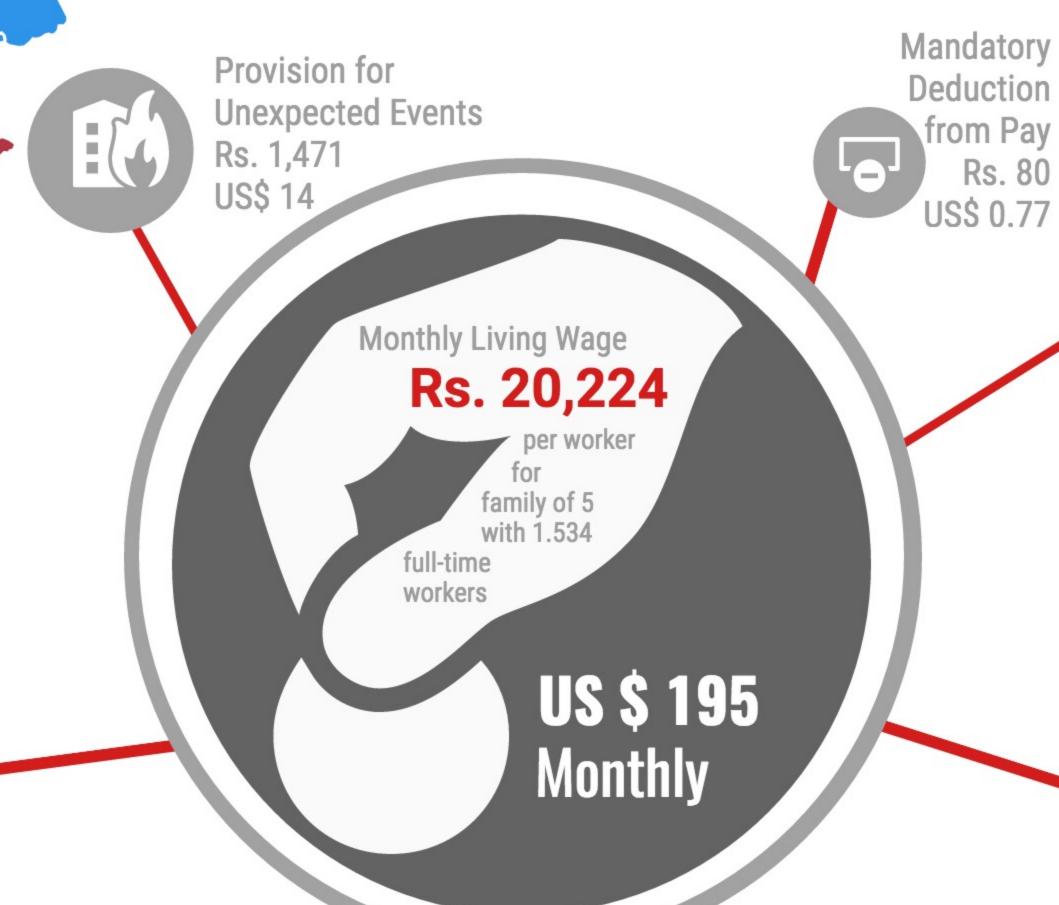
Deduction

from Pay

US\$ 0.77

Rs. 80

Living Wage Estimated using the Anker Methodology, December 2015 - March 2016



Food Rs. 12,501 US\$ 120

Non-Food, Non-Housing Rs. 8,453 US\$ 81

Local Housing Standard for Family

- Durable Floor such as cement
- Durable walls such as stone or cement
- Durable roof of zinc or cement without leaks
- Sufficient number of windows for adequate lighting
 - and ventilation (preferably 2 windows per room)
- Pit latrine in good condition with slab, sufficiently
- deep for proper drainage Safe water source
- Kitchen area separate from sleeping quarters
- Around 30-40 square meters of floor space
- Building in reasonable condition
- Safe outside environment

Model Diet edible grams per person per day

- 342g wheat
- 25g rice
- 58g potato (least expensive root and tuber)
 - 45 g legumes (15g beans and 30g lentils as cheap source of protein)
- 162g milk (1 cup for children and 10ml for tea for adults, fresh, unpackaged)
- 20g yoghurt
- 15g eggs (two eggs per week)
- 24g broiler chicken (2 portions per week)
- 210g vegetables (46g spinach, 31g tomato, 41g onion, 46g radish in winter/cabbage in summer, 46g carrot in winter/eggplant in summer)
- 70g fruits (bananas in winter/watermelon in summer)
- 34g cooking oil
- 3.6g packaged tea
- 36g sugar



Key Values and Assumptions



- 48 Hour Work Week
- 26 Work Days Per Month



• Exchange Rate US \$1 = Rs. 104.3



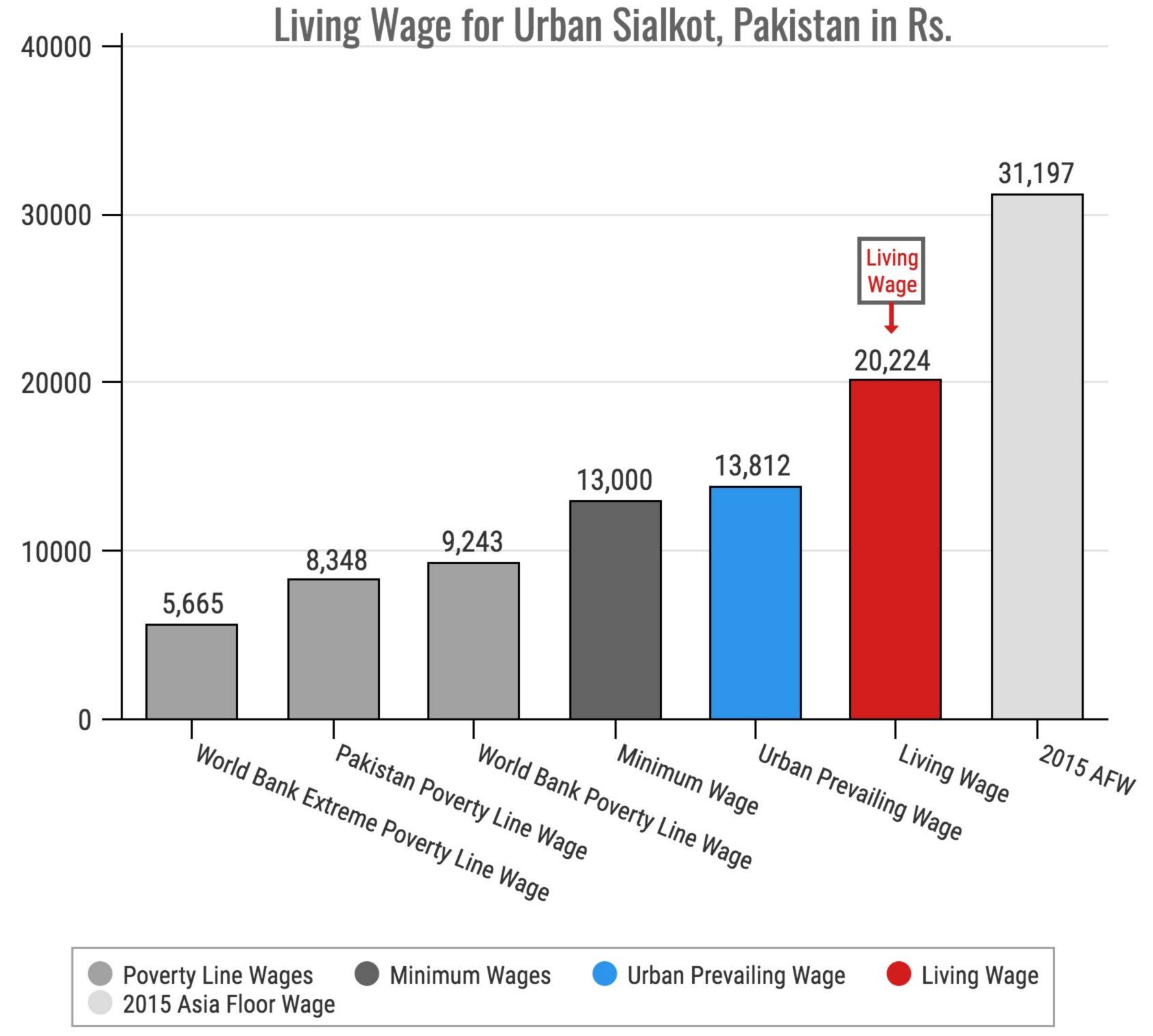
- Family Size 5
- 2 Adults, 3 Children
- 1.534 Workers Per Family

Total Monthly Living Wage = ((Food + Housing + Non-Food, Non-Housing + Provision for Unexpected Events)

∴ Number of Workers in a Family) + Mandatory Deductions from Pay

Register for Regular Benchmark Updates from the GLWC at http://eepurl.com/b6Jlyf

www.globallivingwage.org





Global Living Wage Coalition Members:
Fairtrade International, Forest Stewardship
Council, GoodWeave International, Rainforest
Alliance, Social Accountability International,
Sustainable Agriculture Network, and UTZ.
In Partnership with the ISEAL Alliance and
Richard Anker and Martha Anker

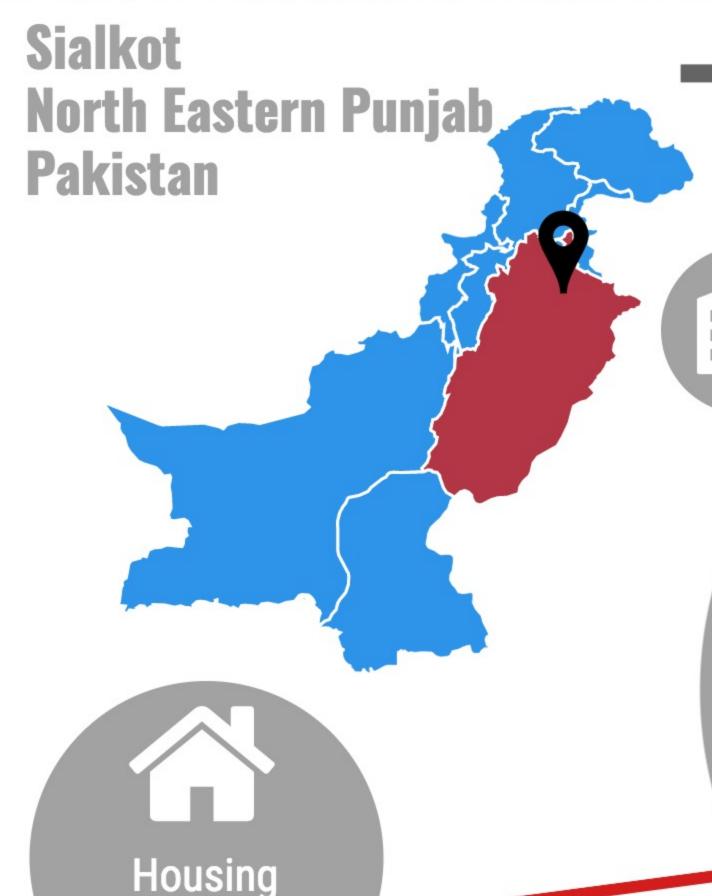
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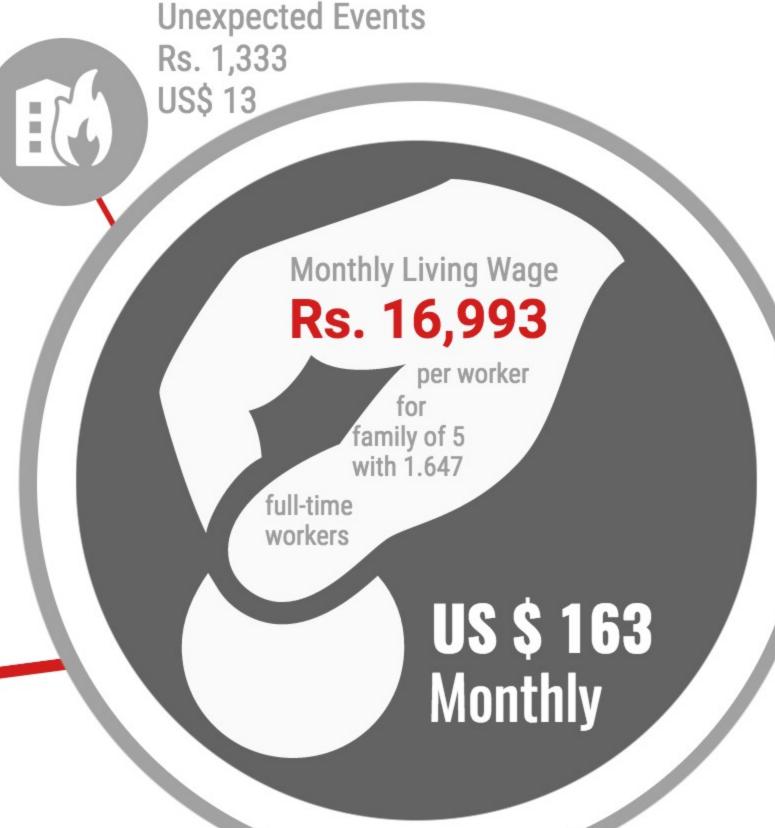
Rural Sialkot





Synopsis of Living Wage Study Conducted By: Asad Sayeed and Kabeer Dawani - Collective for Social Science Research, Karachi

Living Wage Estimated using the Anker Methodology, December 2015 - March 2016



Provision for



Food Rs. 13,544 US\$ 130

> Non-Food, Non-Housing Rs. 8,501 US\$ 82

Local Housing Standard for Family

- Durable Floor such as cement
- Durable walls such as stone or cement
- Durable roof of zinc or cement without leaks
- Sufficient number of windows for adequate lighting
 - and ventilation (preferably 2 windows per room)
- Pit latrine in good condition with slab, sufficiently deep for proper drainage
- Safe water source

Rs. 4,610

US\$ 44

- Kitchen area separate from sleeping quarters
- Around 30-40 square meters of floor space
- Building in reasonable condition
- Safe outside environment

Model Diet edible grams per person per day

- 336g wheat
- 25g rice
- 52g potato (least expensive root and tuber)
- 45 g legumes (15g beans and 30g lentils as cheap source of protein)
- 170g milk (1 cup for children and 10ml for tea for adults, fresh, unpackaged)
- 20g yoghurt
- 15g eggs (two eggs per week)
- 24g broiler chicken (2 portions per week)
- 210g vegetables (46g spinach, 31g tomato, 41g onion, 46g radish in winter/cabbage in summer, 46g carrot in winter/eggplant in summer)
- 70g fruits (bananas in winter/watermelon in summer)
- 34g cooking oil
- 3.5g packaged tea
- 35g sugar

Rural Sialkot



Key Values and Assumptions



- 48 Hour Work Week
- 26 Work Days Per Month



•Exchange Rate US \$1 = Rs. 104.3



- Family Size 5.5
- 2 Adults, 3.5 Children
- 1.647 Workers Per Family



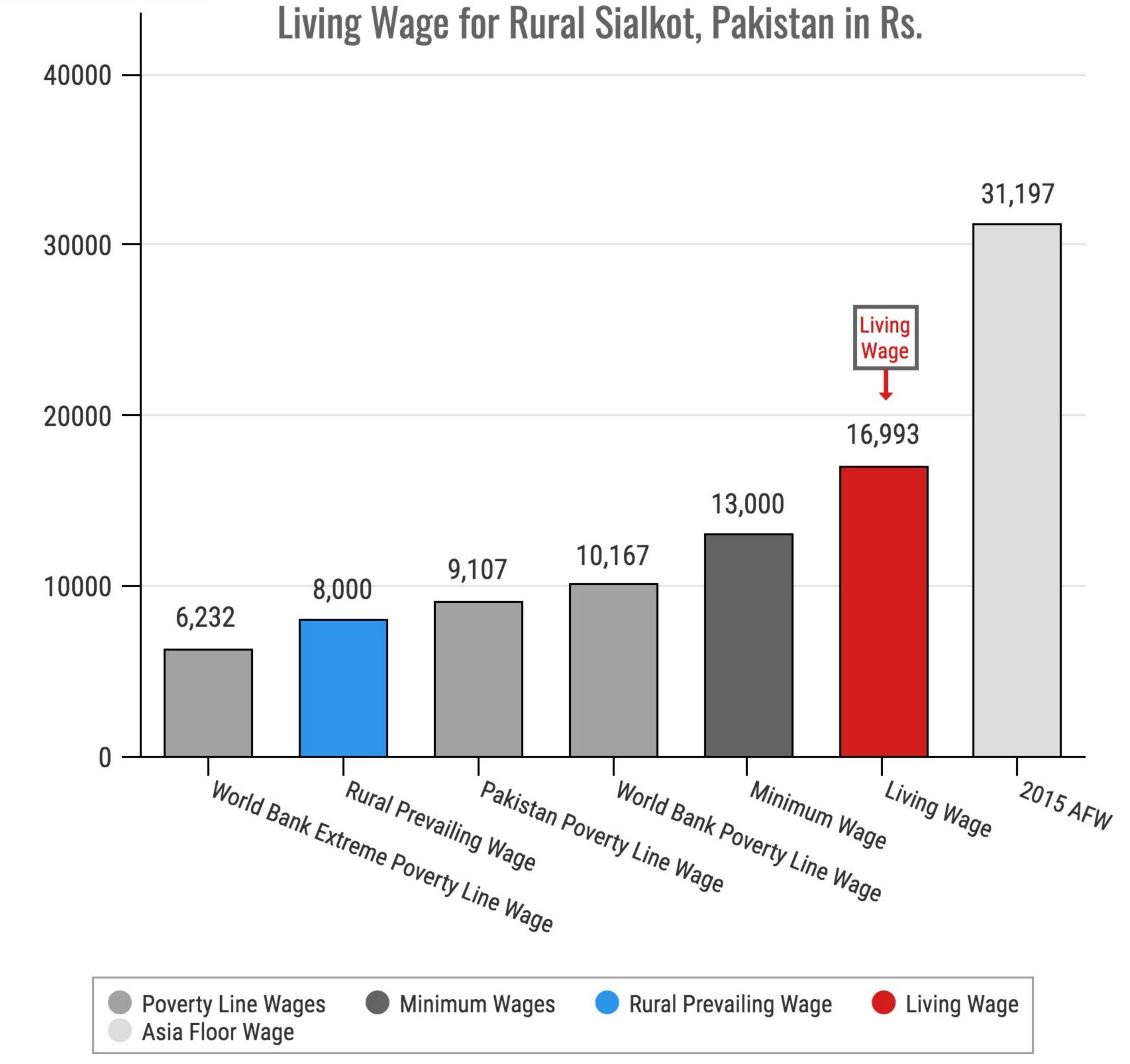
Common In-Kind benefits
 Transport Value = Rs. 184

Total Monthly Living Wage = ((Food + Housing + Non-Food, Non-Housing + Provision for Unexpected Events)

Number of Workers in a Family) + Mandatory Deductions from Pay

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